# Rahmenzeitplan als Richtlinie ohne Gewähr

| | S/S M15+14 | S/S W15+14 | Lauf M15+14 | Lauf W15+14 | Wurf M15+14 | Wurf W15+14 | S/S W13+12 | S/S M13+12 | Lauf M13+12 | Lauf W13 | Lauf W12 | Wurf M13+12 | Wurf W13+12 | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Riege** | 1 | 2 | 3 | | 4 | 5 | 6 | | 7 | 8 | 9 | 10 | 11 | |
| Teiln. | 4+2 | 5+15 | 5+1 | 3+4 | 7+2 | 4+9 | 5+7 | 0+3 | 2+8 | 6 | 12 | 4+4 | 6+3 | 121 |
| 10:30 | Hoch 1+2 | 80 H 1 | | 80 H 3 | | 80 H 2 | | | | | | | | |
| 10:45 | | Weit 1+2 | 80 H 2 | | 80 H 1 | | | | | | | | | |
| 11:00 | | Weit 1+2 | | | Kugel | Diskus | | | | | | | | |
| 11:15 | | | Ball | Ball | Kugel | Diskus | | | | | | | | |
| 11:30 | 80 H | Hoch 1+2 | | | Weit 1 | Diskus | | | | | | | | |
| 11:45 | Speer | Hoch 1+2 | 100m | 100m | Weit 1 | Weit 2 | | | | | | | | |
| 12:00 | Speer | | | | Diskus | Weit 2 | | | | | | | | |
| 12:15 | 100m | 100m | Weit1 | Weit2 | Diskus | | | | | | | | | |
| 12:30 | | Speer | | | Diskus | 100m | | | | | | | | |
| 12:45 | Weit2 | Speer | | | 100m | Kugel 2 | | | | | | | | |
| 13:00 | Weit2 | | 2000m | 2000m | | Kugel 2 | | | | | | | | |
| 13:15 | Siegerehrungen | | | | | | | | | | | | | |
| 13:30 | | | | | | | 60 H | | Ball 1 | Ball 2 | Weit 1+2 | | | 13:30 |
| 13:45 | | | | | | | | 60 H | Ball 1 | Ball 2 | Weit 1+2 | | | 13:45 |
| 14:00 | | | | | | | Hoch 1+2 | Hoch 1+2 | 60 H 3 | Ball 2 | Weit 1+2 | 60 H 2 | 60 H 1 | 14:00 |
| 14:15 | | | | | | | Hoch 1+2 | Hoch 1+2 | | 60 H | | | | 14:15 |
| 14:30 | | | | | | | Hoch 1+2 | Hoch 1+2 | Weit 1+2 | | 60H | Kugel | Diskus | 14:30 |
| 14:45 | | | | | | | | | Weit 1+2 | | Ball 1+2 | | | 14:45 |
| 15:00 | | | | | | | 75m | 75m | | Weit 1+2 | Ball 1+2 | | | 15:00 |
| 15:15 | | | | | | | | | 75m | Weit 1+2 | Ball 1+2 | 75m | 75m | 15:15 |
| 15:30 | | | | | | | Weit 1+2 | Weit 1+2 | | 75m | | | | 15:30 |
| 15:45 | | | | | | | Weit 1+2 | Weit 1+2 | | | 75m | Diskus | Kugel | 15:45 |
| 16:00 | | | | | | | Speer | Speer | 800m | | | | | 16:00 |
| 16:15 | | | | | | | Speer | Speer | | 800m | | | | 16:15 |
| 16:30 | | | | | | | Speer | Speer | | | 800m | Weit1 | Weit2 | 16:30 |
| 16:45 | | | | | | | Speer | Speer | | | | Weit1 | Weit2 | 16:45 |
| 17:00 | | | | | | | Siegerehrungen | | | | | | | 17:00 |
| 17:15 | | | | | | | | | | | | | | 17:15 |
| 17:30 | | | | | | | | | | | | | | 17:30 |